

Dr. Marianne Goodman is the VISN 2 MIRECC Director and has been a fulltime VA clinical research physician at the James J Peters VA (JJPVA) for 18 years. She has been the director and developer of the JJPVA Dialectical Behavioral Therapy (DBT) clinical and research program since 2002, with expertise in the management of high risk suicidal and emotionally dysregulated veterans, borderline personality disorder, and delivery of DBT. She is considered one of the foremost DBT experts in the VA system, actively involved in clinical care, research, and education. She received two prestigious awards: in 2009, the New York Federal Executive Employee Outstanding Individual Achievement Award for her clinical DBT program for suicidal veterans, and in 2012, the VISN 3 Network Director's Achievement Award for Training VISN 3 Clinicians in DBT. She is also the Associate Director for the VISN 2 MIRECC, and has access to its resources and support.

More recently, Dr. Goodman shifted her research direction to focus on treatment development for suicide prevention. She designed Project Life Force, a novel group intervention that adapts DBT emotion regulation skills with suicide safety planning, which was initially funded with a VA RR&D SPiRE pilot grant (2015-2017) and is now recently funded for a multi-site RCT with a CSR Merit (2018-2022). She also has an RR&D Merit (2017-2020) to further develop a dyad suicide safety planning intervention. Additionally, she provides the clinical infrastructure for several other funded merits examining biological biomarkers of suicide risk.

Research Interests

Depression, suicide, group treatment, suicide safety planning

Publications (Selected)

Goodman M, Banthin D, Blair N, Mascitelli, KA, Wilsnack J, Chen J, Messenger J, Perez-Rodriguez M, Triebwasser J, Koenigsberg HW, Goetz R, Hazlett EA, New AS. [A Randomized Trial of Dialectical Behavior Therapy in High Risk Suicidal Veterans](#). Journal of Clinical Psychiatry, 2016.

Hazlett EA, Blair NJ, Fernandez N, Mascitelli K, Perez-Rodriguez MM, New AS, Goetz RR, Goodman M. [Startle amplitude during unpleasant pictures is greater in veterans with a history of multiple-suicide attempts and predicts a future suicide attempt](#). Psychophysiology, 2016.

Kayman DJ, Goldstein MF, Dixon L, Goodman M. [Perspectives of Suicidal Veterans on Safety Planning: Findings From a Pilot Study](#). Crisis: The Journal of Crisis Intervention and Suicide Prevention, 2015.

Spears AP, Sullivan SR, Marin LK, Goodman M. [Suicidal Risk and Management in Borderline Personality Disorder](#). Medical Research Archives, 2018.

Goodman M, Tomas IA, Temes CM, Fitzmaurice GM, Aguirre BA, Zanarini MC. [Suicide attempts and self-injurious behaviours in adolescent and adult patients with borderline personality disorder](#). Personal Mental Health, 2017.